



ARTB School Physical Exam Checklist IAW AR 40-501 chap 8-12

PASS YOUR PHYSICAL!

Check your physical exam. Do not assume it was done correctly.

It is your responsibility to make sure all these blocks, labs, and studies are completed.

ANY DEFICIENCY BELOW WILL PROHIBIT YOUR ENTRANCE INTO SCHOOL ON DAY-ZERO.

PASS YOUR PHYSICAL! Check your physical exam. Do not assume it was done correctly. It is your responsibility to make sure all these blocks, labs, and studies are completed. ANY DEFICIENCY BELOW WILL PROHIBIT YOUR ENTRANCE INTO SCHOOL ON DAY-ZERO.	Ranger		Airborne	
	34 or younger	35 or older	34 or younger	35 or older
REPORT OF MEDICAL HISTORY DD FORM 2807-1 (3 Pages)	X	X	X	X
Name and SSN completed on every page by service member	X	X	X	X
Blocks 1-29 completed by service member	X	X	X	X
Block 30 a, b & c completed by examiner	X	X	X	X
REPORT OF MEDICAL EXAMINATION DD FORM 2808 (3 Pages)	X	X	X	X
Name and SSN completed on every page by service member	X	X	X	X
Blocks 2-15 completed by service member	X	X	X	X
Blocks 1, 16-42, 44, 45-58, 72b, 73, 74 a & b, 77, 78, & 81 a & b completed by examiner	X	X	X	X
Exam must be dated within 18 months Ranger; 5 years for Airborne of course start date	X	X	X	X
Blocks 43, 83 a & b completed by dentist (Must be Category 1 or 2)	X	X	X	X
Blocks 59, 61, & 63 completed by optometry (<i>per AR 40-501, Chap 5-3g</i>)	X	X	X	X
Block 71 completed by audiology or attached DD Form 2216E (H2 or H3 Require Waiver)	X	X	X	X
Physical Exam is qualified for "Airborne/Ranger Training/School" (block 74a)	X	X	X	X
MD/DO Signature (block 81 a & b if exam was completed by MD/DO) (block 84 a & b if exam was conducted by a PA)	X	X	X	X
ARTB schools physical examination lab requirements (documented on DD Form 2808)				
Urinalysis (block 45 a & b)	X	X	X	X
Urine HCG (females only) (block 46)	X	X		
HIV with results and test date (within 2 years) (block 49)	X	X	X	X
Urine Microscopy (block 73)	X	X		
Sickledex (Sickle Cell screening) (block 73)	X	X		
Basic Metabolic Panel (BMP) or Fasting Blood Sugar (FBS) (block 73)		X		
Complete Blood Count (CBC) or H/H (block 73)	X	X		
Women's Readiness Guideline IAW OTSG/MEDCOM Policy Memo 09-031 (Block 73)	X	X	X	X
Electrocardiogram (ECG) (block 73)		X		X
Fasting Lipid Panel (block 73)		X		
Rectal Exam with Occult Blood (block 73)		X		
Additional Requirements				
Printed copy of ECG report		X		X
Printed copy of Hearing Examination (DD Form 2216E) (H2 or H3 Require Waiver)	X	X	X	X
Printed copy of waiver granted by ARTB Surgeon (if applicable)	X	X	X	X

COMMENTS:

1. It is highly recommended that you take this checklist to your TMC when you report for your examination.
2. Ensure your provider checks Army Regulation 40-501 **CHAPTER 5-3, 5-4** and 2 for conditions that require a waiver.
3. If you are marked "DISQUALIFIED" for any reason, you must submit for a waiver through the ARTB Brigade Surgeon.
Guidance can be found on <http://www.benning.army.mil/infantry/rtb/StudentInformation.html>.
4. **Bring a complete copy of you DD2807-1 & DD2808 (6 pages) and everything listed in you in your additional requirements.**
5. **Leave a copy of everything with someone who can e-mail it for you on a weekend.**
6. **If you have any questions contact 4th RTBn Peney Aid Station at (706) 544-6965.**

DO NOT BRING ORIGINALS

DATED 01AUG2016